



St. Patrick's Catholic Primary School

PREP TO YEAR 6

35 Mulgrave Street, Bundaberg West, Q 4670
T 07 4152 1380 | F 07 4152 7125

Term 3, Week 6

19th August 2016

SPECIAL POINTS OF INTEREST

- **SAUSAGE SIZZLE FRIDAY** is on again this week. \$2 each.



- **SHREK** Rehearsal is this Sunday, 1-4pm.



- Our School Spelling Bee is being held next week.



IMPORTANT DATES FOR WEEK 7

- **Mass—Years 6 and Prep**
- Courtyard Prayer
Prep W Tuesday,
Prep S Wednesday
Prep H Thursday
- Friday Liturgy — Prep S at 8.45am
- Friday Assembly — ICN at 10.25am.

Principal's News

Late last week I heard Miss Zana from Prep H talking outside to a few of her children about filling buckets and the importance of being 'bucket fillers'. Intrigued, and a little concerned that I might soon have Prep children throwing buckets of water in all directions, I felt compelled to investigate further.

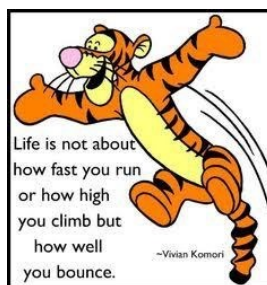
Kindly Miss Zana invited me into her classroom so that her children could tell me about bucket filling. The idea is based on Carol McCloud's book, "Have you filled a Bucket Today?" It's all about doing kind acts, and learning that in helping others, you actually help yourself as well. Prep H students clearly understand this, and were working through lots of great ways of filling buckets. It's more than just a nice idea. For those of you more scientifically minded, it's worth knowing that every time you do something kind for someone else, your brain releases the chemical Oxytocin. Oxytocin leads you to feel :-

1. An increase in self esteem /confidence
2. An increase in energy
3. An increase in your level of happiness, and
4. An increase in positivity.

It's feeling like these, that allow people to be resilient – to 'bounce back' so to speak when things go wrong, and it's vitally important to all of us.

It was a happy co-incidence then, that this week I have shared with staff, Parents and Friends' and Board Members a suggestion that we look at a whole of school Resilience Program for next year. Resilience can be learned, and we will be working with a group called the Resilience Project to implement a program. All those I have shared it with, are very supportive. If you'd like to know more, simply have a look at their website. I think you'll find it will be another great project parents and school can work on together to really help our students.

Mark Fox



Click our school crest to go our school website calendar.



Click the facebook icon to go to our school facebook page.



Click the Parish logo to go to the Parish Newsletter.



Click the Centacare logo to go the Group Programs Calendar.



St. Mary's Outside School Hours Care are taking bookings for the September School Holidays. Please click on the logo to go to the Outside School Hours Care page on our website, download the required forms and return to Araluen.



Friday, September 2nd @ 9am
Email your "Daddy and Me"
Photos (1 per family) to
nicole_cooper@rok.catholic.edu.au

THIS WEEKEND

PARENT INFORMATION SESSION

For 2016-17 CHILDREN'S SACRAMENTAL PREPARATION PROGRAM

(Sacraments ~ Reconciliation, Confirmation, Eucharist)

SUNDAY, 21 AUGUST, 10.30AM

**The Catholic Parish of Bundaberg Office
66 Woongarra Street**

More Information? Contact Anne Sheehan ~ 41516666

Optiminds News

Saturday, 27th August

Our Opti-Minds Teams will present their long term challenge and their spontaneous challenge at Shalom College on Saturday, 27th August. It has been wonderful to work with all of the groups and see them working so well together and having lots of fun along the way. Each group has chosen a problem to work on and have been busy at school and in their own time working on solutions to the problem.

Science Engineering Problem		Language Literature problem
Smart Cookiez	Legends of Awesomeness	Dramatic Unicorns
Charlie A Sarah B Ashleigh G Tahia Z	Zachary R Hayden S Matthew P Jarryn G Vinuka D William L	Meg F Tamae M Zali H Lili H Emma N Zahara R Bailey W

We are very proud of all they have achieved so far and wish them all the best for the challenge day next Saturday.

Terry Whan and Dave Woodland

Music News

Congratulations to all of our String Ensemble and Choir students on their recent performances at the Bundaberg Eisteddfod and at the Queensland Catholic Schools Music Festival (QCMF) in Brisbane. All of the children represented St Patrick's exceptionally well and we are very proud of you.

Of course it is extra special to achieve excellent results during our performances, and we did indeed perform very well. Results are:

QCMF		Bundaberg Eisteddfod	
GOLD	Senior String Ensemble Junior String Ensemble Senior Choir	First	Junior Choir Junior String Ensemble
SILVER	Junior Choir	Second	Senior Choir
		Highly Commended	Senior String Ensemble

We thank our wonderful music tutors Mrs Jed Morley, Mrs Bernadette Connolly and Mrs Kate Hardisty and accompanist Mrs Cathy Wilson for their dedication, skills and enthusiasm. We are so grateful that we have you here at St Patrick's!

Cultural Night Wednesday 9th November

Junior and Senior Choir, Junior and Senior Strings, Year 3 students and Guitar Ensemble

We are now preparing for our Cultural Night performances on Wednesday 9th November at Shalom College Performing Arts Precinct. Now is the perfect time for students to join the Senior or Junior Choir if they have been thinking about coming along and singing with us. Our Senior Choir for Year 4 -6 students rehearse in the stage area on Tuesday mornings at 7.30 and our Junior Choir for Prep – Year 3 rehearses in the stage on Tuesdays at lunchtime. All children are welcome, we do not hold auditions!

Year 3 Strings debut on Cultural Night

What to wear.

Our Cultural night is also the night that our Year 3 students make their grand debut on their string instruments. More information will be sent home to Year 3 students soon, however now is the time to start looking for a pair of black dress pants. All Year 3 students will be required to play on this night and will need to supply a pair of black dress pants to wear on stage. The school will supply a white button up dress shirt, cummerbund and tie.



BROTHERS UNITED SOFTBALL CLUB

SIGN-ON / SUNDAY 28TH AUGUST 2016 / FROM 10AM TO 12PM

At Bundaberg Softball Association Grounds, Clayton Road, Thabeban.

A Grade Women & Men, B Grade Women, U15 Mixed, U13 Mixed, T Ball Mixed

Season runs from 8/10/2016—10/12/2016 and then recommences 21 /01/2017 finishing with Grand Finals 25/03/2017

School Photos

Group Photos

Photograph orders are available for the next 14 days by following the details on image below.



PHOTOGRAPH ORDERS ARE AVAILABLE FOR THE NEXT 14 DAYS

School: St Patrick's Catholic Primary School

Suburb: Bundaberg

Job Number: QSS119-1A



www.advancedlife.com.au

K5C 1GB PD7

\$17.00

Go to our site and enter the 9 Digit Online Code

9 Digit Online Code

per Group

Groups include (Also check if there are groups you may have missed from previous days of photography)

Challenge Cup Netball	Challenge Cup Rugby League	Development Cup Rugby League
Junior Choir	Junior String Ensemble	Senior Choir
Senior String Ensemble	Chess	

PAYING ONLINE

- To view and order please go to advancedlife.com.au on any computer, tablet or smart mobile device and enter the 9 Digit Online Code at the prompt box.
- Select "BROWSE GROUP PHOTOS" from the menu.
If your school has given permission you will be able to view low resolution copies of the new Groups and past groups available. If not, make selection from the list.
- Once you have chosen all groups to order, select the VIEW SHOPPING CART option and follow the prompts.



CHEQUE | CASH | MONEY ORDER

Envelopes are available for collection from the front office should you prefer to pay cash, cheque or money order. Envelope orders need to be returned to the school with 14 days. No discount applies to envelopes based orders.

IMPORTANT INFORMATION: Credit card payment is only available online. Please select your groups carefully as under no circumstances will a refund or exchange be available on incorrectly ordered photographs.

Student of the Week



ENJOY THE BEST EVER FOOTY FUN WITH YOUR FRIENDS!

SIGN UP NOW
HURRY! LIMITED SPOTS

JUNIOR'S OZTAG 2016
Queensland

SIGN UP AS AN INDIVIDUAL OR TEAM
CHOOSE YOUR COLOURS + YOU CAN KICK + NAME YOUR TEAM!
GET TAGGED YOU'LL LOVE IT!



Parents, stay positive!

Discover the five steps to positive parenting with the Triple P Positive Parenting Program



Delivered by Community Lifestyle Support's Early Childhood Intervention Service

WHEN: Saturday 27th August 2016
9am to 5pm

WHERE: The Ability Centre
Ashfield Road, Kalkie

Spaces are limited to 12 parents so please call to register your free place 4159 3077
For further information please see overview or call the above number



SIGN ON DAY



Find your pathway

Lifesaving is a great way for your children to make friends, be active, learn lifesaving skills and enjoy the beach in a safe environment. The whole family can have fun! Get down to one of our local clubs for sign on day and find out how to get involved!

MOORE PARK SLSC
Sunday 11th September
9am - 11am
Bundaberg Swim Academy
Janine Lester
0429 894 354
admin@bundabergslsc.com.au

BUNDABERG SLSC
Sunday 11th September
11:00am - 2:00pm
Bundaberg Swim Academy
Ruth Rowan
roya2@eq.edu.au

ELLIOTT HEADS SLSC
Sunday 11th September
9am - 11am
Moore Park SLSC
Robyn Groom
0413 523 822
mooreparkslsc@bigpond.com

What to Bring:
1/2 (Birth Certificate or Driver's License)
Togs, towel and goggles
Smiles and a fun attitude!

Additional Info:
At least one adult must join the club with junior member/s and complete a Working with Children Suitability (Blue Card) Application.

lifesavingpathways.com.au

BUNDABERG LITTLE ATHLETICS AT THABEBAN

COME & TRY DAY

28TH AUGUST 2016

10AM - 12PM @ THABEBAN STATE SCHOOL

0476205857

OR LIKE US ON FACEBOOK